

## Regional Psychiatric Centre (Prairies)

The Regional Psychiatric Centre (Prairies) is operated by the Correctional Service of Canada in affiliation with the University of Saskatchewan. Built on land owned by the university, the centre is the result of co-operative planning between the Province of Saskatchewan, the University of Saskatchewan, and the Government of Canada. Designated as an "in-patient" facility under the Saskatchewan Mental Health Services Act, the centre provides assessment and treatment programs for: a) inmates of the Correctional Service of Canada, primarily from the Prairies Region;

b) inmates from the correctional system of the province of Saskatchewan;

c) individuals remanded by the courts of Saskatchewan; and

d) individuals in confinement under Warrants of the Lieutenant Governor of Saskatchewan.

The centre has achieved and maintained accreditation from the Canadian Council on Health Facilities Accreditation since October 1984.

A unique feature of the centre is its solid partnership with the University of Saskatchewan. The affiliation agreement emphasizes the importance of the centre's major teaching and research role and provides for senior professional staff to hold joint faculty appointments with the university. The agreement also provides for a board of governors, with university and community representation, to provide overall direction and guidance for the centre. Over the past year, the board updated the centre's Mission Statement to ensure its compatibility with the Mission of the Correctional Service of Canada. On February 23, 1990, the new Mission Statement was approved by the board of governors and endorsed by the Commissioner: The mission of the Regional Psychiatric Centre (Prairies) is to provide clinical assessment and treatment services for mentally disordered individuals referred within the Criminal Justice System and to assist them in optimizing their mental health; to provide learning opportunities for students, the public, and personnel associated with the health care and criminal justice systems; and to facilitate, promote and conduct research in the area of understanding criminal behaviour, the administration of forensic mental health services, treatment of individuals who come into conflict with the law, and the impact of crime on society.

The Centre has 106 beds, divided into five units: a) Assiniboine Unit does admissions and assessments. The courts of Saskatchewan, the National Parole Board and correctional administrators refer individuals for comprehensive assessments to aid in decision making and to determine treatment needs.

b) Churchill Unit provides treatment services for acutely mentally ill patients.

c) Clearwater Unit provides programs to meet the needs of patients who have problems with sexual adjustment.

d) Bow Unit treats individuals suffering from chronic mental illnesses.

e) McKenzie Unit provides a program based on the therapeutic community model and admits patients diagnosed as personality disordered, antisocial type.

In addition to the core unit programs, the centre offers a wide range of programs outside the units: substance abuse therapy, occupational therapy, recreational therapy, education, and spiritual services.

The centre's research program has received increasing emphasis and involves collaboration with the academic community and the Correctional Service of Canada. Studies have been undertaken in six primary areas:

a) The Sexual Offender

b) The Aggressive Inmate

c) The Criminal Psychopath

d) The Native Offender

e) Substance Abuse and Criminality

f) General Forensic Issues The Regional Psychiatric Centre (Prairies) is meeting a major need of the Correctional Service of Canada and the province of Saskatchewan. In 1989, 329 patients were admitted - 98 for assessment and 231 for treatment. Average daily occupancy during 1989 was 98.42, which consisted of an average of 83 federal offenders and 15 in the provincial categories (including remands and Lieutenant Governor Warrants).